

# Salon and Spa Management (SM1)

The Salon and Spa Management program prepares Cosmetologists, Cosmetology Instructors, Barbers, Estheticians, Nail Technicians, and other personal grooming specialists to manage, operate, and if desired become entrepreneurs of their own full-service salons and spas. Prepares students for the Alabama Board of Cosmetology and Barbering Stateboard licensure for each discipline area. Includes instruction in cosmetic services, marketing, advertisement, retail, salon management/operation such as hiring, supervision, labor relations, professional laws and regulations, professional standards, and image, and customer services, the cosmetic and salon supply industries.

These options include: Option 1 - Cosmetology, Option 2 - Esthetics, Option 3 - Nail Technology

**Program:** Salon and Spa Management (SAS)

**Type:** AAS Degree

## Orientation

Item #	Title	Credits
ORI 107	STUDENT SURVIVAL SKILLS	1

## General Education

Item #	Title	Credits
ENG 101	ENGLISH COMPOSITION I	3
	Humanities/Fine Arts Elective	3
	MTH 116 or Higher	3
	Natural Science/Math Elective	3-4
	History or Social/Behavioral Science Elective	3

## Field of Study Courses

Item #	Title	Credits
SAL 133	SALON MANAGEMENT TECHNOLOGY	3
SAL 201	ENTREPRENEURSHIP FOR SALON AND SPA MANAGEMENT	3
COS 111	INTRODUCTION TO COSMETOLOGY	3
COS 117	BASIC SPA TECHNIQUES	3
COS 118	BASIC SPA TECHNIQUES LAB	3
COS 119	BUSINESS OF COSMETOLOGY	3
COS 125	CAREER AND PERSONAL DEVELOPMENT	3

## CHOOSE ONE OPTION

## Cosmetology Option (COS)

Item #	Title	Credits
COS 112	INTRODUCTION TO COSMETOLOGY LAB	3
COS 113	THEORY OF CHEMICAL SERVICES	3
COS 114	CHEMICAL SERVICES LAB	3
COS 115	HAIR COLORING THEORY	3
COS 116	HAIR COLORING LAB	3
COS 123	COSMETOLOGY SALON PRACTICES	3
COS 137	HAIR SHAPING AND DESIGN THEORY	3
COS 145/COS 190/COS 191	COS 145/COS 190/COS 191	3
COS 167	STATE BOARD REVIEW	3

## Esthetics Option (EST)

Item #	Title	Credits
COS 127	ESTHETICS THEORY	3
COS 134	ADVANCED ESTHETICS	3
COS 135	ADVANCED ESTHETICS APPLICATION	3
COS 163	FACIAL TREATMENTS	3
COS 164	FACIAL MACHINE	3
COS 165/COS 190/COS 191	COS 165/COS 190/COS 191	3
COS 166	SKIN CARE BACTERIOLOGY AND SANITATION	3
COS 167	STATE BOARD REVIEW	3
COS 169	SKIN FUNCTIONS	3

## Nail Technology Option (NLT)

Item #	Title	Credits
COS 150	Manicuring	3
COS 148	NAIL CARE THEORY	3
COS 149	NAIL ART THEORY	3
COS 152	NAIL CARE APPLICATIONS	3
COS 153	NAIL ART	3
COS 154	NAIL ART APPLICATIONS	3
COS 158	EMPLOYABILITY SKILLS	3
COS 151/COS 190/COS 191	COS 151/COS 190/COS 191	3
COS 167	STATE BOARD REVIEW	3
	<b>Total credits:</b>	<b>64-65</b>

## Category Descriptions

### Humanities/Fine Arts Elective

Credits: 3

### MTH 116 or Higher

Credits: 3  
credits

Off

## Natural Science/Math Elective

Credits: 3-4

## History or Social/Behavioral Science Elective

Credits: 3